

California Paid Sick Leave

Starting 1/1/2024, you may qualify for 5 days or 40 hours (whichever is more) of paid sick leave per year.



Eligibility

- Paid sick leave is earned through working, with one hour of leave earned for every 30 hours worked.
- Paid sick leave is available if you have worked at least 90 days with the same employer.
- You can use it if you are sick, for medical appointments, or to take care of a family member or designated person.
- You are eligible regardless of your immigration status.



How to request

- A sick note from a doctor is not required.
- Your employer cannot require you to find someone to work for you.
- Paid sick leave is paid at the regular rate of pay or 90-day average.
- You can ask to use paid sick leave verbally or in writing.
- Contact the Labor Commissioner's Office if you are denied leave or retaliated against for taking leave: 833-526-4636.