



HEAT ILLNESS PREVENTION RESOURCES FOR WORKERS

For information on heat illness prevention:

UCLA Labor Occupational Safety and Health (LOSH) Program

LOSH offers support on workplace safety and health, including fact sheets, technical assistance, referrals, and training (in-person or virtual).

losh.ucla.edu



Cal/OSHA Water, Rest, Shade Fact Sheet

Check out this factsheet for a quick overview of heat exhaustion and heat stroke, tips for prevention, and employers' responsibilities to protect workers from outdoor heat:

99calor.org/_downloads/factsheet.english.pdf



OSHA-NIOSH Heat Safety App

The OSHA-NIOSH Heat Safety Tool helps plan outdoor work with real-time heat index, hourly forecasts, and safety recommendations.

bit.ly/4jPeeR7



For information on Cal/OSHA's heat standards:

Cal/OSHA Heat Illness Prevention Guidance & Resources

In California, employers must take steps to protect workers from heat illness in outdoor and indoor work settings. For more information on both standards, please visit:

dir.ca.gov/dosh/heatillnessinfo.html



Cal/OSHA's Heat Illness Prevention Educational Resources

For educational resources on heat illness prevention, highlighting workers' rights to water, shade, rest, and training under Cal/OSHA's outdoor heat standard, please visit:

99calor.org



To file a heat-related safety complaint:

Cal/OSHA Enforcement Unit

Workers can file safety complaints with Cal/OSHA Enforcement, which ensures compliance with health and safety laws.

dir.ca.gov/dosh/complaint.htm



Guide: Heat Safety - How to Report a Problem to Cal/OSHA

This guide goes through the process of submitting a heat complaint to Cal/OSHA.

bit.ly/4mlGxrX



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